

2006 SPRING REGION 1 WINTER CHAMPIONSHIPS
MARCH 31, APRIL 1 & 2
SANCTION # 0462006

Meet Director:

Jeff Miller-Wesleyan University Diving Coach
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Send Entries to:

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Middleton, CT 06457
860-343-7567 (Home)
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Online Registration: DiveMeets.com**

Dates: March 31-April 2, 2006

Meet Site: Wesleyan University (Freeman Athletic Center), 161 Cross St.
Middletown, CT 06459

Facility: Two 1 Meter Maxiflex Model B, On Short Stands, On Concrete
Two 3 Meter Maxiflex Model B, On Short Stands, On Concrete

Coach Meeting: Friday: 12 Noon-Pool Deck Classroom

Practice Times: **Friday**
12:00 Noon to 2:00 PM-
Open
2:00 PM to 3:00 PM -
Event 1 Only
After event 2 until 9 PM

Saturday
6:00AM to 8:00AM Open
8:00AM to 9:00AM-
Event 1 Only
1 Hour Warm-Up Between All Events
After event 4 until 9 PM

Sunday
6:00 AM to 8:30 AM Open
8:30 AM to 9:30 AM - Event 1 Only
1 Hour Warm-Up Between All Events

Event Schedule:

Friday March 31
Start Time 3pm
1) Boys 16/18 3 M,
Girls 16/18 1M
2) Boys 11/U 3 M,
Girls 11/U 1 M

Saturday April 1

USATM
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Start Time 9 am

- 3) Boys 16/18 1 M, Girls 16/18 3 M
- 4) Boys 14/15 1 M, Girls 14/15 3 M
- 5) Boys 12/13 1 M, Girls 12/13 3 M
- 6) Girls 11/U 3 M, Boys 11/U 1 M

Sunday April 2

Start Time 9:30 am

- 7) Boys 14-15 3 M,
Girls 14/15 1 M
- 8) Girls 12/13 1 M,
Boys 12/13 3 M

Directions:

From The North: Route 91 South to Route 9 East. Go to exit 15. At 5th light go left (Vine St.). At light go right, Athletic Center will be on the left.

From The South: Route 91 North to exit 18 (Route 66 East). At first light after Railroad underpass, go right (Vine St.). At light go right. Athletic Center will be on the left.

Airports: Bradley International. Hartford CT, 45 minutes from pool
Follow directions from the north. LaGuardia or Kennedy NY, 2 hours from pool
Follow directions from the south

Parking: Vine St., 1 Minute walk to pool

No Parking will be allowed directly in front of the Athletic Center, or Church

Choice Hotels: Choice Hotels is the official hotel partner of USA Diving. Choice provides USA Diving members and fans with discounted room rates and every room night booked directly benefits USA Diving programs. Choice brands include Comfort Inn, Comfort Suites, Quality, Clarion, Sleep Econo Lodge, MainStay Suites and Rodeway Inn.

Comfort Inn

111 Berlin Rd.

Cromwell, CT

(860) 635-4100

Ask for USA Diving rate*

Distance from pool: 3.8 miles

Rate: \$74/night

Free Contl. Brkfst.**

Clarion Suites Inn

191 Spencer St.

Manchester, CT

Choice Sports Line: (877) 240-2929

Quote USA Diving Discount # 00169370

Approx. Rate: \$90/night

Distance from pool: 15 miles

Free Full Brkfst.**

Other Hotels:

Meet Headquarters

Marriott, Cromwell (Formerly Holiday Inn)

4 Sebeth Dr.

Cromwell, CT 06416

860-635-1001 ask for: John Banks

\$ 84.00 / Night, DBL

Reservation Deadline: 2/29/2006

The Crown Plaza (Formerly The Radisson)

Route 372

Cromwell, CT 06416

860-635-2000

\$89.00 / Night Dbl

Reservation Deadline: 3/10/2006

All hotels are 5 miles from the pool



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