

# 2006 WINTER/SPRING REGION 10 Championships

**Sanction:** # 3261

**Event Dates** Saturday-Monday, March 25-27, 2006

**Host: Tualatin Hills Dive Club**  
Make checks payable to: THDC

**Site:** Tualatin Hills Parks & Recreation Department  
Aquatics Center  
15707 SW Walker Road  
Beaverton, OR 97006  
503-645-7454 Pool  
503-645-2863 Diving Office

## Meet Director/Send Entries to:

**Curtis Fisher**  
Email: [cjbrfisher@comcast.net](mailto:cjbrfisher@comcast.net)  
4165 Glenwood Dr Se  
Salem, OR 97301  
503-949-2509

## Entry Fees/Due Date:

To enter meet go to [www.DiveMeets.com](http://www.DiveMeets.com) with no late fee up to 24 hrs before the meet. Please read attached instructions on how to enter on-line. You will love this new system. If you prefer, you may register by mail. Entry fee is \$25 per event. Entries are due postmarked no later than March 17, 2006. There is a \$25 fee for late entries.

***If you enter by mail please enclose a completed diving list with your entry. Voluntaries will be done first in each event. 2006 United States Dives Rules will govern.***

Registration desk will be open at pool from Noon to 7:00 on Friday, March 24

**Facility:** 2 One meter 16' Maxiflex Model B springboards on Durafirm Stands.  
2 Three meter 16' Maxiflex Model B springboards on Durafirm Stands.  
5, 7.5 & 10 meter platform with roughtex surface  
13' to 18' water depth

## Coaches Meeting/Registration:

Friday, March 7pm- at Pool

## Practice Times

Thursday, March 23

Open Practice 4:00-7:00pm

Friday, March 24

Open Practice 8:00-10:00 am, 3:00-9:00pm

Saturday, March 25

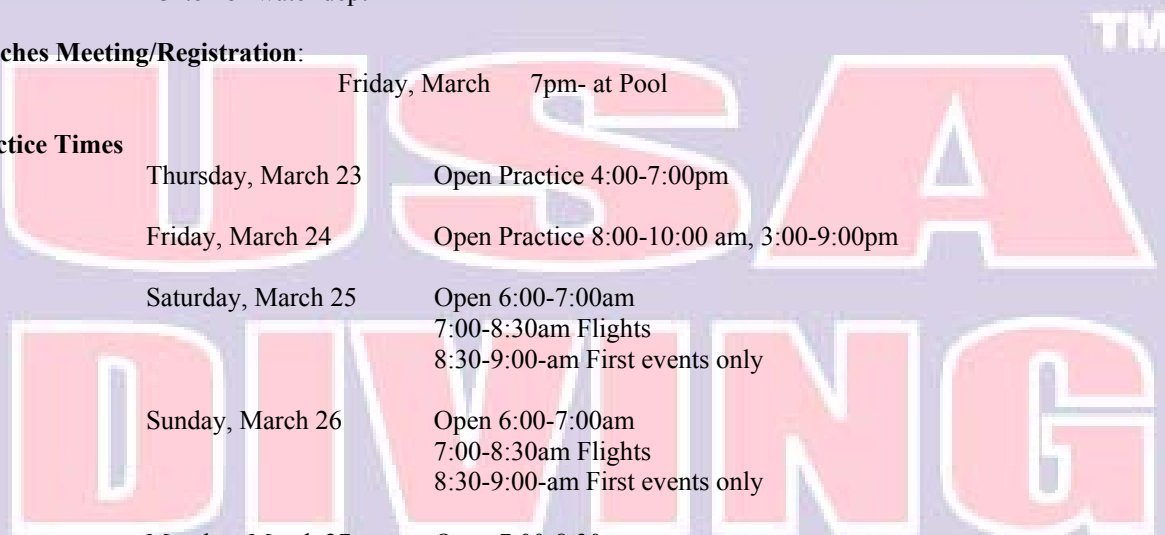
Open 6:00-7:00am  
7:00-8:30am Flights  
8:30-9:00-am First events only

Sunday, March 26

Open 6:00-7:00am  
7:00-8:30am Flights  
8:30-9:00-am First events only

Monday, March 27

Open 7:00-8:30am



8:30-9:00-am First events only  
Boards will be open for one hour after last event on Saturday and Sunday

### Schedule of Events

#### Saturday, March 25 Events 1 & 2 start at 9:00am:

- |                        |                         |
|------------------------|-------------------------|
| 1) 9U Boys 1 meter     | 2) 9U Girls 3 meter     |
| 3) 11U Boys 1 meter    | 4) 11U Girls 3 meter    |
| 5) 13U Boys 1 meter    | 6) 13U Girls 3 meter    |
| 7) 16-18 Boys 1 meter  | 8) 14-15 Boys 3 meter   |
| 9) 14-15 Girls 1 meter | 10) 16-18 Girls 3 meter |

#### Sunday, June 26 Events 15 & 16 start at 9:00am:

- |                         |                         |
|-------------------------|-------------------------|
| 11) 9U Girls 1 meter    | 12) 9U Boys 3 meter     |
| 13) 11U Girls 1 meter   | 14) 11U Boys 3 meter    |
| 15) 13U Girls 1 meter   | 16) 13U Boys 3 meter    |
| 17) 14-15 Boys 1 Meter  | 18) 16-18 Boys 3 meter  |
| 19) 16-18 Girls 1 meter | 20) 14-15 Girls 3 meter |

#### Monday, March 27 Events 21 & 22 Start at 9:00am

- |                         |                          |
|-------------------------|--------------------------|
| 21) 11U Boys Platform   | 22) 11U Girls Platform   |
| 23) 13U Boys Platform   | 24) 13U Girls Platform   |
| 25) 14-15 Boys Platform | 26) 14-15 Girls Platform |
| 27) 16-18 Boys Platform | 28) 16-18 Girls Platform |

#### Directions from Portland Airport

Drive east on airport exit road to I-205 south (right)  
Take I-205 south to I-84 west(right) to Portland about 2 miles  
Take I-84 west about 4 miles to I-5 south to Salem/Beaverton(left)  
Take I-5 across bridge stay left to I-405/26 west toward Beaverton  
After bridge go right on 26 exit toward Beaverton/Beaches about 7 miles  
Take exit 65 Cornell Road and go left back over bridge to first light which is 158<sup>th</sup>.  
Go left on 158<sup>th</sup> for about 1/2 mile. Pool is large yellow building on the left.

#### Choice Hotels

Choice Hotels is the Official Hotel Partner of USA Diving. Choice provides USA Diving members and fans with discounted room rates and every room night booked directly benefits USA Diving programs. Choice brands include Comfort Inns, Comfort Suites, Quality Clarion Sleep, Econo Lodge, MainStay Suites and Rodeway Inn. To make reservations for any location simply call the Choice Sports Line at 877-240-2929 and quote "USA Diving # 00169370 to receive your discount.

#### Comfort Inn & Suites West

13455 SW Canyon Rd.  
Beaverton, OR  
503-643-9100  
Rate: \$64/night  
Ask for USA Diving rate\*  
Distance from pool: 2.9 miles  
Free Contl. Brkfst\*

#### Comfort Suites Southwest

11340 SW 60<sup>th</sup> Ave.  
Portland, OR  
Choice Sports Line: 877-240-2929  
Quote USA Diving Discount #00169370  
Distance from pool: 7.8 miles  
Approx. Rate: \$65/night  
Free Contl. Brkfst.\*

#### Comfort Inn & Suites

7640 SW Warm Springs St.  
Tualatin, OR  
Choice Sports Line: 877-240-2929  
Quote USA Diving Discount #00169370  
Distance from pool: 10.8 miles  
Approx. Rate: \$76/night  
Free Contl. Brkfst.\*

#### Other Hotels (Rates good through March 10):

##### Fairfield Inn

15583 NW Gateway Ct.  
Beaverton, OR  
503-670-7557  
Rate: \$69 Double Queen  
Contact: Jenny Conlee  
[jennyconlee@yahoo.com](mailto:jennyconlee@yahoo.com)  
.8 miles

##### Hilton Garden Inn

15520 NW Gateway Ct.  
Beaverton, OR  
503-439-1717  
Rate: \$74 Double Queen  
Contact: Jina Ellison  
[jellison@@csmcorp.net](mailto:jellison@@csmcorp.net)  
.8 miles

## Follow these easy steps to register:

1. Before giving this information to your team members, every coach participating in this competition must register at HYPERLINK "<http://www.divemeets.com/>" [www.divemeets.com](http://www.divemeets.com/). You will receive an email with your id and password. **If a coach has already registered in the past, they don't have to register again.**
2. After you register, you can tell your divers or parents to go to [www.divemeets.com](http://www.divemeets.com/) to sign up and then register for the **2006 Winter/Spring Region 10 Diving Championships**. They also will receive an email with their id and password. **If a diver has already registered in the past, they don't have to register again, all they have to do is to log in with their divemeets ID and password. If they forgot the ID and Password, they can click on [Forgot your password or DiveMeets ID](#).**
3. Divers or parents will be prompted to the meet information where they will be able to click on the events they are registering and fill out dive sheets for each event. The program will make sure each dive sheet will be sent correctly. If a diver already has a dive sheet in the database with divemeets.com, the system will bring up the last dive sheet in their account. Then, you will be able to make changes if you will like and then submit it. Coaches or divers can make changes to a dive sheet any time after registered.  

Note: If coaches decide to register the divers for the meet, they will be able to do that after the divers have sign-up with divemeets.com and have a divemeets ID. Then, a coach logs in and can click on the **2006 Winter/Spring Region 10 Diving Championships** link. On that page coaches will find a drop box with the divers of their team. You will choose the diver you want to register for the meet, fill out dive sheet and pay for the event. If a diver already has a dive sheet in the database with divemeets.com, the system will bring up the last dive sheet in their account. Then, you will be able to make changes if you will like and submit it. You will have to do this process for every diver.
4. The fees for the meet will be added automatically and must be paid with Visa or Master card. Checks are not accepted at this time.
5. You will receive an email notification of your registration.
6. Coaches will be able to see the time table online prior to the meet at HYPERLINK "<http://www.divemeets.com/>" [www.divemeets.com](http://www.divemeets.com/). You must click on Meet-Results-Event Times. Then click on **2006 Winter/Spring Region 10 Diving Championships**.

**USA<sup>TM</sup>**  
**DIVING**