

Summer Region 3 Diving Championships

June 16-18

Montgomery Aquatic Center

5900 Executive Blvd. North Bethesda, MD 20852

USD Sanction #06602

Site: Montgomery Aquatic Center

Directions: I-270 to Old Georgetown Rd. East, go about 1 mile, turn right on Executive Blvd.; pool is first right

Airports: Flights are convenient into Reagan National, Dulles or BWI airports; accessible by subway from National

Meet Director: John Wolsh; 301-829-2303, email: region3.06@montgomerydiveclub.org

Send entries to: Denise Reitan, 3101 Schubert Drive, Silver Spring, MD 20904

Make Checks Payable to: Montgomery Dive Club; Postmark by June 8, 2006.

Entry Fees: \$25 per individual event; \$12.50 per diver synchro events; \$25 late fee

Dive Sheets: Sheets must be in by 12 noon the day prior to the event. Late sheets- \$15 per event

PLEASE SEND DIVE SHEETS WITH ENTRY! This helps greatly with meet preparation.

Results and Info: Results and further info will be posted at www.montgomerydiveclub.org

Facility: Diving area 18 ft. deep with 2 one meters; 2 three meters; 5, 7.5 & 10 meter platforms (rough-top)

Coaches Meeting: Friday 9 AM

Meet and Practice Schedules: practice Thursday evening 2-10 PM

Friday, June 16	9:30 AM-1:30 PM Open Practice; 1:30-2 1 st event only 2 PM meet starts Practice at end of meet until 9 PM
Saturday & Sunday, June 17 & 18	7-8:30 AM Open; 8:30-9 1 st event only, Meet starts at 9:00 AM Practice end of meet until 9 PM

Friday Events

1. & 2. 11 & U Girls 1m/Boys 3m
- 3., 4., 5. & 6. 12-13 and 11 Un. Girls & Boys Plat.
7. & 8. 16-18 Girls 3m/ Boys 1m
9. & 10. Open Synchro 3m (M & W together)
(Synchro Min. D.D. average for 3 opts. 2.1)

Saturday Events

11. & 12. 11 & U Girls 3m/Boys 1m
13. & 14. 14-15 Girls 3m/Boys 1m
15. & 16. 12-13 Girls 1m/Boys 3m
17. & 18. 16-18 Girls 1m/Boys 3m
19. & 20. 14-15 Girls & Boys Plat.

Sunday Events

21. & 22. 12-13 Girls 3m/Boys 1m
23. & 24. 14-15 Girls 1m/Boys 3m
25. & 26. 16-18 Girls & Boys Plat.

Choice Hotels: Choice Hotels is the official hotel partner of USA Diving. Choice provides USA Diving members and fans with discounted room rates and every room night booked directly benefits USA Diving programs. Choice brands include Comfort Inn, Comfort Suites, Quality, Clarion, Sleep Econo Lodge, MainStay Suites and Rodeway Inn

Clarion Hotel Bethesda Park

8400 Wisconsin Ave.
Bethesda, MD
Choice Sports Line #877-240-2929
Quote USA Diving Discount
#00169370
Distance from pool: 4.3 miles
Approx. Rate: \$136/night

Sleep Inn

2 Research Ct.
Rockville, MD
Distance from pool: 5.0 miles
Approx. Rate: \$119/night
Free Cont. Brkfst.**

Quality Suites

3 Research Ct.
Rockville, MD
Choice Sports Line #877-240-2929
Quote USA Diving Discount
#00169370
Distance from pool: 5.0 miles
Approx. Rate: \$128/night
Free Cont. Brkfst.**

Comfort Inn at Shady Grove

16216 Frederick Rd.
Gaithersburg, MD 20877
Choice Sports Line #877-240-2929
Quote USA Diving Discount #00169370
Distance from pool: 5 miles
Approx. Rate: \$109/night
Free Cont. Brkfst.**

Other Hotels:

Bethesda Marriott (Pooks Hill)	Bethesda, MD	2.5 mi.	301-897-9400
Marriott Suites	Bethesda, MD	2.5 mi.	301-897-5600
Bethesda North Marriott	Rockville, MD	across the street	301-822-9200 or 1-800-859-8003
Springhill Suites	Gaithersburg, MD	5 mi	301-987-0900
Gaithersburg Marriott	Gaithersburg, MD	5 mi	301-590-0044
Marriott Residence Inn	Gaithersburg, MD	5 mi	301-590-3003
Park Inn Suites	Rockville, MD	walk	301-881-5200
Double Tree	Rockville, MD	1.5 mi	301-468-1100

