

THE COMPETITIVE & TECHNICAL RULES of USA DIVING

2012-2013



Don Leas, Editor
Jim Stillson, Rules Chairman

Published by

**USA DIVING, INC.
132 E. Washington St, Suite 850
Indianapolis, IN 46204-3723
(317) 237-5252; fax (317) 237-5257
www.usadiving.org**

Copyright 2011, USA Diving, Inc.

USA DIVING

STAFF DIRECTORY

Main Switchboard: (317) 237-5252

Fax: (317) 237-5257

Linda Paul, President and CEO – ext. 551

Linda.Paul@usadiving.org, (317) 237-5251

Steve Foley, High Performance Director – ext. 529

Steve.Foley@usadiving.org, (317) 237-5229

Jason Baumann, Director of Education – ext. 523

Jason.Baumann@usadiving.org, (317) 237-5123

Mikela Calabrese, Events Coordinator – ext. 572

Mikela.Calabrese@usadiving.org, (317) 237-5252, ext. 572

Molly Evans, International Teams Manager – ext. 570

Molly.Evans@usadiving.org, (317) 237-5270

Ann Krenzelok, Events and Programs Coordinator – ext. 555

Ann.Krenzelok@usadiving.org, (317) 237-5255

Jennifer Lowery, Communications Manager – ext. 556

Jennifer.Lowery@usadiving.org, (317) 237-5256

Pam Majors, Membership/Office Manager – ext. 526

Pam.Majors@usadiving.org, (317) 237-5226

Karen Poulsen, Controller – ext. 558

Karen.Poulsen@usadiving.org, (317) 237-5258

Jim Quinlivan, Director of Marketing – ext. 553

Jim.Quinlivan@usadiving.org, (317) 237-5253

TABLE OF CONTENTS

MESSAGE FROM THE EDITOR..	i:6
SUMMARY OF CHANGES.	i:6
TABLE OF CHANGES.	i:7
THE PURPOSE AND MISSION OF USA DIVING.	i:8
OUR MISSION.	i:8
PART I — COMPETITIVE & TECHNICAL RULES.	G:1
SUBPART A — GENERAL REGULATIONS..	G:1
Article 1 — Facilities.	G:1
101.1 Facility Requirements...	G:1
101.2 Equipment Regulations for Springboard...	G:1
101.3 Equipment Regulations for Platform...	G:2
Article 2 — Classifications Of Diving Competition, Requirements For Participation.	G:2
102.1 Diving Seasons...	G:2
102.2 Senior Competitions...	G:2
102.3 Junior Competitions...	G:3
102.4 Masters Competitions...	G:3
102.5 Proof of Athlete Registration...	G:3
102.6 Foreign Divers in the United States..	G:3
102.7 Exhibitions Divers..	G:3
102.8 Scheduling Conflicts between International Competition and U.S. Championships...	G:4
102.9 Scheduling Conflicts between International Competition and U.S. Qualifying Meets...	G:4
102.10 Pre-qualified Divers and Exhibition Divers...	G:4
Article 3 — Competition Requirements.	G:4
103.1 Association Championships...	G:4
103.2 Invitational Meets..	G:4
Article 4 — Diving List..	G:4
104.1 Dive Number Designations..	G:4
104.2 Degree of Difficulty..	G:5
104.3 Repeating Dives Prohibited...	G:5
104.4 National Championships...	G:6
104.5 Other Competitions...	G:6
104.6 Review of Dive Sheets..	G:6
104.7 Dive Sheet Errors..	G:7
Article 5 — Competition Procedures.	G:7
105.1 Postponing Events...	G:7
105.2 Determining Diving Order...	G:8
105.3 Posting Diving Order..	G:8
105.4 Announcing the Dive..	G:8
105.5 Declining a Dive..	G:8
105.6 Diver's Presence..	G:8
105.7 Correction of Announcing Error...	G:8

105.8 Unassisted Performance..	G:9
105.9 Undue Delay..	G:9
105.10 Withdrawal from Competition...	G:9
105.11 Failure to Meet DD Requirements..	G:9
105.12 Simultaneous Events...	G:9
105.13 Mandatory Presence of Registered Coach...	G:9
105.14 Practice Schedules..	G:9
105.15 Confirmation of Coach Registrations..	G:10
105.16 Designation of Coaches..	G:10
Article 6 — Methods Of Marking And Duties	
Of Referee, Judges, And Secretary.	G:10
106.1 Meet Personnel...	G:10
106.2 Number of Judges...	G:11
106.3 Officials' Notes...	G:11
106.4 Tobacco, Intoxicants Prohibited..	G:11
106.5 Scoring Table Personnel..	G:11
106.6 Announcer...	G:11
106.7 Meet manager..	G:11
106.8 Pre-event Rules Review...	G:11
106.9 Placement of Judges at the Senior, Junior, and Age Group National Championships..	G:12
106.10 Judge Replacement...	G:13
106.11 Displaying Awards...	G:14
106.12 Recording Awards...	G:14
106.13 Calculating Scores...	G:14
106.14 Calculations for Synchronized Events..	G:14
106.15 Determining Outcome..	G:15
106.16 Awards Presentation..	G:15
106.17 Finalizing Results..	G:15
106.18 Disruptive Activities..	G:15
Article 7 — Judging the Execution of the Dive for Springboard and Platform.	G:16
107.1 All Competitions...	G:16
107.2 USA Diving National Championships..	G:16
107.3 Duties of the Referee..	G:16
107.4 Judging...	G:18
107.5 Judging Synchronized Diving Events...	G:21
Article 8 — Fees and Reports.	G:22
108.1 Fees..	G:22
108.2 Reporting of Results..	G:22
108.3 Financial Reports..	G:22
108.4 Disbursement of Funds..	G:23
108.5 Penalties..	G:23
Article 9 — Protest Procedures.	G:23
109.1 Timing...	G:23
109.2 Judges' Awards..	G:23
109.3 Review..	G:23
Article 10 — Procedure For Diving Rules And Code Changes	G:23
SUBPART B — SENIOR COMPETITION.	S:1
Article 11 — Structure; Awarding Of USA Diving National Championships...	S:1

111.1 Structure of Senior Diving..	S:1
111.2 Awarding of USA Diving National Preliminaries.. . . .	S:2
111.3 USA Diving National Championships..	S:2
111.4 Zone Alignment...	S:2
Article 12 — Entry Forms And Fees..	S:3
112.1 Entry Forms for USA Diving National Preliminaries.	S:3
112.2 Entry Forms for USA Diving National Championships.	S:3
112.3 Fees and Entry Procedures...	S:3
112.4 Submission of Diving Sheets...	S:4
112.5 Correction of Dive Sheets...	S:5
Article 13 — Senior Competitions..	S:5
113.1 International...	S:5
113.2 USA Diving National Championships..	S:5
113.3 Competition Requirements for Springboard Events.	S:5
113.4 Competition Requirements for Platform Events...	S:6
113.5 Competition Requirements for Synchronized 3-Meter and Platform Events...	S:7
113.6 Dual Citizenship Divers..	S:7
113.7 Diving List..	S:8
113.8 Designation of Coaches..	S:8
113.9 Individual and Team Scoring..	S:9
113.10 USA Diving National Preliminaries for the USA Diving National Championships..	S:9
113.11 Degree of Difficulty Requirements..	S:10
113.12 Judging Panels..	S:10
113.13 Referees...	S:10
113.14 Selection of judges at the USA Diving National Championships..	S:11
113.15 Conditions for Performance...	S:11
113.16 Bonus Points...	S:12
Article 14 — Eligibility...	S:12
114.1 Eligibility Requirements for Individual Springboard and Platform Events at USA Diving National Championships.	S:12
114.2 Alaska and Hawaii...	S:13
114.3 International Competition, National Championships.	S:13
114.4 International Competition, USA Diving National Preliminary Meets..	S:13
114.5 Eligibility Requirements for Synchronized Events at USA Diving National Championships..	S:13
Article 15 — Schedule Of Events And Practice Times.	S:14
115.1 Schedule for the Summer USA Diving National Championships..	S:14
115.2 Practice Schedule For Summer USA Diving National Championships..	S:15
115.3 Schedule for the USA Diving National Preliminaries.	S:15
Article 16 — Other Competitions.	S:16
116.1 USA Diving Spring or Winter National Championship.	

.....	S:16
116.2 Association Championships..	S:16
116.3 Invitational Meets.....	S:17
SUBPART C — JUNIOR DIVING PROGRAM.....	J:1
Article 20 — Structure: General.	J:1
120.1 Structure of Junior Diving..	J:1
120.2 About Competition..	J:2
Article 21 — Entries and Fees.	J:4
121.1 Fees and Entry Forms..	J:4
121.2 Diving Sheet Procedures..	J:5
121.3 Correction of Dive Sheets..	J:6
121.4 Designation of Coaches.....	J:6
Article 22 — Competition Requirements.	J:7
122.1 Order of Dives..	J:7
122.2 Springboard Competition...	J:7
122.3 Platform..	J:7
122.4 Choice of Dives...	J:8
122.5 Competition Requirements for Synchronized Diving for 3-Meter and Platform Events.....	J:8
Article 23 — Association Structure and Competition..	J:9
123.1 Structure.....	J:9
123.2 Competition Requirements...	J:9
Article 24 — Regional Structure and Competition.	J:9
124.1 Regional Championships..	J:9
124.2 Summer Regional Championships.....	J:9
124.3 Spring Regional Championships..	J:10
124.4 Site Selection...	J:11
124.5 Judge Selection..	J:12
124.6 Referees..	J:12
124.7 Regional Alignment.....	J:12
124.8 Future Alignment..	J:12
Article 25 — Zone Structure and Summer Zone Championships Competition.	J:13
125.1 Summer Zone Championships Schedule..	J:13
125.2 Site Selection.....	J:13
125.3 Choice of competitive venue..	J:13
125.4 Awards..	J:13
125.5 Simultaneous Events.....	J:13
125.6 Judge Selection..	J:13
125.7 Zone Alignment..	J:13
125.8 Eligibility Requirements for the Summer Zone Championships.....	J:14
125.9 Competition Requirements for Summer Zone Championships.....	J:14
Article 26 — Age Group & Junior National Championships. . .	J:15
126.1 National Championships during the Summer Season.	J:15
126.2 East and West Junior National Championships during the Spring Season..	J:20
126.3 Referees..	J:22
Article 27 — Other Junior Competition.	J:22
127.1 Invitational Meets.....	J:22

SUBPART D — FUTURE CHAMPIONS COMPETITION.	F:1
Article 28 — Grass Roots Diving.	F:1
128.1 Future Champions Competition.	F:1
128.2 Skill Development Competition.	F:1
Addendum to Article 28.	F:2
Future Champions Developmental Levels.	F:2
SUBPART E — MASTERS DIVING.	M:1
Article 30 — Objectives.	M:1
Article 31 — Rules For Masters Diving.	M:1
131.1 Rules.	M:1
131.2 Registration.	M:2
131.3 Age Groups.	M:2
131.4 Eligibility.	M:2
131.5 Local Meets.	M:2
Article 32 — Masters National Invitational Championship Meets	M:2
132.1 National Championships.	M:2
132.2 Schedule.	M:2
132.3 Selection of Date and Site.	M:3
132.4 Bid awards.	M:3
132.5 Entry fees.	M:3
132.6 Financial report.	M:3
132.7 Order of events for National Invitational Championships	M:3
132.8 Grand Masters.	M:4
132.9 Platform Diving Requirements.	M:5
132.10 Springboard Diving Requirements.	M:5
132.11 Order of dives.	M:5
132.12 Synchronized Diving Requirements.	M:6
132.13 All-American Awards.	M:7
132.14 Medical Examination.	M:7
APPENDIX A — DESCRIPTION OF ASSOCIATION TERRITORIES OF USA DIVING.	A:1
APPENDIX C — FINA DEGREE OF DIFFICULTY FORMULA AND COMPONENTS.	A:6
APPENDIX D — FINA TABLE OF DEGREES OF DIFFICULTY.	A:10
APPENDIX E — AWARDS.	A:19
APPENDIX F — DIVING REFERENCES.	A:23

MESSAGE FROM THE EDITOR

This compilation presents the Competitive & Technical Rules of USA Diving, as amended, by the 2011 Annual Meeting of the USA Diving General Assembly.

This Rulebook is a "clean text" presentation in which each section appears as most recently amended.

Every effort has been made to accurately incorporate changes. Any ambiguities or inconsistencies that came to light during the editing process were resolved by the Rules Committee Chair. Full text of the committee reports and the meeting minutes that were the source documents for this revision are available on request to the Chair of the Rules Committee.

Page numbers are section-specific: All pages within the General rules subpart carry a "G" prefix, "S" for Senior rules, "J" for Junior rules, "F" for Future Champions rules, "M" for Masters rules, and "A" for the Appendices.

As always, your ideas on how to make this volume more useful, more comprehensible, and more accessible are welcome. We are continuing to publish this year's edition of the Rulebook to be printed in a smaller, pocket size version for ease in carrying it with you to diving meets and practice. We are continuing to not include the Code in the printed edition. Both the Rules and the Code are on the internet.

I want to thank USA Diving Chairman of the Rules Committee, Jim Stillson, for his many hours of consultation and review before publication.

Don Leas, Editor

SUMMARY OF CHANGES

The General Assembly considered 41 proposals at its 2011 Annual Meeting in Jacksonville, Florida. Some of the proposals were very extensive and will require more discussion and comprehension before they will be able to be adopted in the future.

There were no changes in the Masters Diving program.

For a more complete view of the new rules for USA Diving go the next page and peruse the Table of Changes.

Changes adopted by the 2011 General Assembly take effect January 1, 2012.

TABLE OF CHANGES

This table presents changes to the **Competitive and Technical Rules** of USA Diving, Inc., adopted at the 2011 Annual Meeting of the General Assembly. For your convenience, a list of sections and subsections affected appears below. Each change in the Rules section is identified by shading.

COMPETITIVE AND TECHNICAL RULES OF USA DIVING

Citation	Page No.	Subject	Action
GENERAL REGULATIONS			
101.3(a)	G:2	Change Spring to Spring or Winter	Amended
102.1	G:2	Change Spring to Spring or Winter	Amended
105.14(a)	G:9	Change Spring to Spring or Winter	Amended
105.15(a)	G:9	Change Spring to Spring or Winter	Amended
105.16	G:10	Clarification of when coach is named	New
106.3(a)	G:10	Change Spring to Spring or Winter	Amended
106.5	G:11	Change Spring to Spring or Winter	Amended
SENIOR COMPETITION			
111.2((d)	S:2	Change in bid for Preliminaries	Amended
111.3(a)	S:2	Change Spring to Spring or Winter	Amended
113.7(b)	S:8	Change when dives can be modified	Amended
113.8(a)	S:8	Clarification of when coach is named	New
113.16(b)	S:11	DD determined by CCE	Amended
114.1(a)	S:12	Olympians qualified for Finals	New
114.5(a)	S:13	Olympians qualified for Nationals	New
JUNIOR PROGRAM			
121.4	J:6	Clarification of when coach is named	New
122.2(c) & (b)	J:6	12 & 13 group now the same as FINA	Amended
122.2(g) & (h)	J:6	16 - 18 must do one more dive	Amended
122.3(b) & (c)	J:6	12 & 13 Group now the same as FINA	Amended
122.3(f) & (g)	J:6	16 - 18 must do one more dive	Amended
124.2(c)	J:8	Divers may dive in different Zones	New
124.2(g)	J:8	Clarification	Amended
124.3(c)	J:9	Divers may dive in different Zones	New
126.1(h)(2)	J:14	DD requirement for optionals only	Amended
126.1(h)(2)	J:14	Girls 14-18 DD lowered	Amended
126.1(h)(3)	J:14	No carry over points from Preliminary	Amended
FUTURE CHAMPIONS COMPETITION			
128.1	F:1	Modification of rules	Amended
128.2	F:1	Modification of rules	Amended
128 Addendum	F:3	Modification of rules	Amended

New text which has been changed or added is shaded.

THE PURPOSE AND MISSION OF USA DIVING

By Congressional Statute, the United States Olympic Committee (USOC) has given to USA Diving, the authority to serve as the national governing body of diving in the United States. USA Diving is a member of United States Aquatic Sports, Inc. (USAS), the United States member of FINA (the International Swimming Federation).

OUR MISSION

USA Diving leads in fostering the growth and development of diving in the United States.

OUR SEVEN GUIDING PRINCIPLES AND CORE VALUES

- Our pride and belief in the sport and what it teaches – is the basis for all we do.
- We are committed to providing comprehensive opportunities for all who are interested in diving – from future champions to international competition.
- USA Diving and its members will operate with the highest integrity and a sense of trust among all entities of the sport.
- As we continue to change and grow, we will honor the past while building for the future.
- Although performing as individual divers, teamwork at all levels of the organization is expected.
- Courage, perseverance, and grace are essential elements of our work.
- We will continue to expand efforts to increase minority participation in diving and to be an inclusive organization at all levels.

Junior Program.

USA Diving conducts a Junior diving program to provide a developmental diving and physical fitness program for the youth of the United States and to teach them the fundamentals of the sport of diving and the benefits of participation in athletic competitions.

Senior Program.

The USA Diving Senior diving program is conducted to further develop and identify the national and international caliber divers of the United States for National Championships, Olympic Games, World Championships, Pan American Games, World University Games, and other national and international competitions.

International Program.

The goal of the international program conducted by USA Diving is to expose superior divers to the physical, mental, and emotional demands of international competition in order for them to be better prepared for world-class competition and to give the participants the opportunity to gain a better understanding and insight to the lifestyles and cultures of other nations and peoples. By responsible conduct of our participants, it gives other nations the opportunity to gain a better understanding and insight to the lifestyles and cultures of our nation and people.

Masters Program.

The USA Diving Masters Program offers the opportunity for participation in the sport and provides a continuing physical fitness program for diving enthusiasts twenty-one years of age and older to compete in local, national, and international events.

USA Diving is a non-profit corporation exempt under Section 501(c)(3) of the Internal Revenue Code of 1954, as amended.